



# Regulation of H<sub>1</sub>-receptor coupling and H<sub>1</sub>-receptor mRNA by histamine in bovine tracheal smooth muscle

J.L. Pype, L.J. Dupont, <sup>1</sup>J.C.W. Mak, <sup>1</sup>P.J. Barnes & <sup>2</sup>G.M. Verleden

Katholieke Universiteit Leuven, Laboratory of Pneumology, O&N, Herestraat 49, 3000 Leuven, Belgium and <sup>1</sup>National Heart and Lung Institute, Department of Thoracic Medicine, Dovehouse Street, London SW3 6LY

**1** Pretreatment of bovine tracheal smooth muscle (BTSM) with histamine (1–100  $\mu$ M, 1 h) induced a concentration-dependent desensitization of the contractile response to subsequently administered histamine, with a reduction of the maximum response of  $72 \pm 8\%$  ( $n=5$ ) following pre-exposure to 100  $\mu$ M histamine. In contrast, concentration-response curves to the muscarinic agonist, methacholine were not affected following histamine pretreatment, indicating a homologous desensitization. Furthermore, concentration-response curves to NaF, a G-protein activator, were not altered following histamine pre-incubation.

**2** The histamine H<sub>1</sub>-receptor (H<sub>1</sub>R) desensitization could be antagonized by mepyramine (an H<sub>1</sub>-receptor antagonist, 1  $\mu$ M) but not by cimetidine (an H<sub>2</sub>-receptor antagonist, 10  $\mu$ M), indicating that the desensitization occurred via stimulation of histamine H<sub>1</sub>-receptors, without evidence for the involvement of histamine H<sub>2</sub>-receptors.

**3** Indomethacin (10  $\mu$ M) did not block the H<sub>1</sub>R desensitization, suggesting no involvement of prostaglandins. Furthermore, histamine pre-incubation in calcium free medium still induced a functional uncoupling of H<sub>1</sub>R.

**4** GF 109203X, a protein kinase C (PKC) inhibitor, and H-7, a non-selective kinase inhibitor, did not antagonize the homologous H<sub>1</sub>R desensitization.

**5** The steady-state level of H<sub>1</sub>R mRNA, assessed by Northern blot analysis, was not affected by prolonged histamine exposure (100  $\mu$ M, 0.5, 1, 2, 4, 16 and 24 h).

**6** These results suggest that histamine induces desensitization of the H<sub>1</sub>R at the level of the receptor protein, which involves a mechanism independent of PKC, PKA, PKG and calcium influx, suggesting the involvement of a receptor-specific kinase.

**Keywords:** Histamine H<sub>1</sub>-receptor; desensitization; airway smooth muscle contraction; gene expression; protein kinase C

## Introduction

Histamine-induced contractions in airway smooth muscle are mediated via histamine H<sub>1</sub>-receptors (H<sub>1</sub>R), which belong to the superfamily of G protein-coupled receptors. Stimulation of H<sub>1</sub>R leads to the formation of inositol 1,4,5, triphosphate (IP<sub>3</sub>) and diacylglycerol (DAG) from phosphatidylinositol 4,5 biphosphate hydrolysis (Leurs *et al.*, 1995). IP<sub>3</sub> increases intracellular Ca<sup>2+</sup> from the endoplasmic reticulum, via an interaction with a specific receptor, resulting in an initial transient contractile response, while DAG activates protein kinase C (PKC), which is believed to underlie the sustained phase of the smooth muscle contraction (Rasmussen *et al.*, 1987). Moreover, PKC seems to play a role in the desensitization of many G-protein-coupled receptors (Chuang *et al.*, 1996) and has also been shown to mediate transcriptional down-regulation of some G-protein-coupled receptors (Habecker *et al.*, 1993; Koman *et al.*, 1993; Rousell *et al.*, 1995). Phorbol esters, for instance, have been shown to attenuate H<sub>1</sub>R-mediated inositol phosphate formation or to mediate an inhibition of rises in intracellular calcium upon H<sub>1</sub>R stimulation, in a number of immortalized cell lines (Smit *et al.*, 1992; 1996; Dickenson & Hill, 1993; McCreath *et al.*, 1994; Zamani *et al.*, 1995). These inhibitory effects of phorbol esters could all be antagonized with selective PKC inhibitors, implicating the involvement of PKC. The mechanism underlying the desensitization process is believed to be a result of receptor phosphorylation. The recent cloning of the genes encoding for human, rat, guinea-pig and bovine histamine H<sub>1</sub>

receptors (Yamashita *et al.*, 1991; Fujimoto *et al.*, 1993; Horio *et al.*, 1993; Fukui *et al.*, 1994) made it possible to perform more detailed studies into the molecular mechanisms underlying desensitization. The primary sequence of the H<sub>1</sub>R protein revealed the existence of seven putative transmembrane domains with a characteristic large third cytoplasmic loop, which is thought to interact with a G-protein. The third cytoplasmic loop has several serine and threonine residues, which may serve as sites for phosphorylation by various protein kinases (Yamashita *et al.*, 1991). H<sub>1</sub>R-mediated responses were also found to be affected by exposure to histamine, although the exact mechanism still remains to be elucidated. However, some evidence has already been obtained that homologous H<sub>1</sub>R desensitization involves a PKC-independent mechanism (Smit *et al.*, 1992; 1996; Dickenson & Hill, 1993; Zamani *et al.*, 1995). McGrath *et al.* (1994) also ruled out an involvement of protein kinase A, G and calcium calmodulin-dependent protein kinase II (CaMKII). On the contrary, a recent study in GT1-7 neuronal cells suggested that histamine-induced H<sub>1</sub>R desensitization is mediated by an influx of extracellular calcium and by CaMKII, since incubation in calcium free medium as well as KN-62, a putative inhibitor of CaMKII, could prevent desensitization in GT1-7 neuronal cells (Zamani & Bristow, 1996).

In this study, we have used bovine tracheal smooth muscle strips to investigate the homologous short-term desensitization process of the H<sub>1</sub>R and the potential role of protein kinase A, G, C and calcium influx. Moreover, since we demonstrated that prolonged PKC activation, with phorbol 12,13 dibutyrate (PDBu), could down-regulate H<sub>1</sub>R mRNA (Pype *et al.*, 1995a),

<sup>2</sup> Author for correspondence.

we have also examined the effect of prolonged histamine exposure on the H<sub>1</sub>R mRNA level.

## Methods

### *Tissue preparation and incubation*

Bovine tracheae were obtained from a local abattoir and placed at room temperature in oxygenated (95% O<sub>2</sub>, 5% CO<sub>2</sub>) Krebs-Henseleit (KH) solution of the following composition (mM): NaCl 118, KCl 5.9, MgSO<sub>4</sub> 1.2, CaCl<sub>2</sub> 2.5, NaH<sub>2</sub>PO<sub>4</sub> 1.2, NaHCO<sub>3</sub> 25.5 and glucose 5.05. Calcium-free medium was prepared by substituting the Ca<sup>2+</sup> normally present in the Krebs solution with an equivalent molar concentration of Mg<sup>2+</sup>, with the addition of the calcium chelator, ethylene glycol - O,O' - bis(2 - aminoethyl) - N,N,N',N' - tetraacetic acid (EGTA, 1 mM). The tracheal smooth muscle was dissected free of epithelium and connective tissue and smooth muscle pieces (2 × 2 mm) and strips (3 × 10 mm) were prepared in KH solution at room temperature. The bovine tracheal smooth muscle (BTSM) was exposed to one or more of the following agents: histamine (1–100 µM), SKF-91488 (100 µM), indomethacin (10 µM), mepyramine (1 µM), cimetidine (10 µM), GF 109203X (1 µM) or H-7 (50 µM). Mepyramine and cimetidine were added 10 min before histamine, whereas GF 109203X, H-7 and indomethacin were added 1 h before histamine.

### *Contractile responses*

After a 1 h incubation time, the strips were washed and mounted in 10 ml organ baths containing oxygenated KH at 37°C. A resting tone of 2 g was applied. The tissues were allowed to equilibrate for 30 min, during which time they were washed with fresh KH every 10 min and cumulative concentration-response curves (CRC) were performed to histamine (10 µM–10 mM), metacholine (10 nM–1 mM) or NaF (10–80 mM). Only one CRC was constructed for each tissue. Isometric contractile responses were measured with a Grass FT 0.3 force-displacement transducer and visualized on a computer screen by use of a commercially available software programme (Codas; Dataq Instruments, Inc., Ohio). The results are expressed as ratio of mg contraction to mg dry weight (24 h, 60°C).

### *Northern blot analysis*

Total RNA was isolated by phenol/chloroform extraction and isopropanol precipitation (Chomczynski & Sacchi, 1987). Poly (A)<sup>+</sup> RNA was prepared by use of the PolyTract mRNA system kit (Promega, Southampton, U.K.) according to the manufacturers' instructions. Northern blots to Hybond-N filters (Amersham, U.K.) were prepared subsequent to size fractionation by gel electrophoresis of the denatured mRNA on 1% agarose/formaldehyde gels containing 20 mM morpholinolinosulphonic acid (MOPS), 5 mM sodium acetate and 1 mM EDTA (pH 7). A 1.2 kb (EcoRI/SacI) fragment specific to the bovine H<sub>1</sub>R mRNA and a 1.2 kb (PstI/PstI) fragment specific to rat glyceraldehyde-3-phosphate dehydrogenase (GAPDH) mRNA, were used as probes for Northern blot analysis.

Prehybridizations and hybridizations were carried out at 42°C with the labelled probes (1–2 × 10<sup>6</sup> c.p.m. ml<sup>-1</sup>) in a buffer containing 50% formamide, 4 × standard sodium citrate (SSC), 50 mM Tris-HCl (pH 7.5), 5 × Denhardt's solution, 0.1% sodium dodecyl sulphate (SDS), 5 mM EDTA and 250 µg ml<sup>-1</sup> denatured salmon sperm DNA. Following hybridization, the blots were washed to a stringency of

0.1 × SSC, 0.1% SDS at 55°C before exposure to X-OMAT-S film. After suitable exposure time, the autoradiographs were analysed by laser densitometry (PDI, NY, U.S.A.).

### *Drugs*

The drugs used in these experiments were obtained from the following sources: histamine diphosphate salt, metacholine chloride, indomethacin, ethylene glycol-O,O'-bis(2-aminoethyl)-N,N,N',N'-tetraacetic acid (EGTA), mepyramine, cimetidine and sodium fluoride (Sigma Chemical Co, Bornem, Belgium), SKF-91488 2HCl (4-(N,N-dimethylamino)butylisothiourea, Research Biochemicals Inc., Sanver Tech, Boechout, Belgium), GF 109203X (3-[1-[3-(dimethylamino)propyl]-1H-indol-3-yl]-4-(1H-indol-3-yl)-1H-pyrrolyl-2,5-dione) and H-7 (1-(5-isoquinolinylnsulphonyl)-2-methyl-piperazine; Biomol, Sanver Tech, Boechout, Belgium). All drugs were dissolved in distilled water except for GF 109203X which was dissolved in dimethylsulphoxide (DMSO) and indomethacin which was dissolved in alkaline phosphate buffer (pH 7.8) of the following composition (mM): KH<sub>2</sub>PO<sub>4</sub> 20, Na<sub>2</sub>HPO<sub>4</sub> 120. All control tissues were incubated with an equivalent amount of appropriate vehicle.

### *Data analysis*

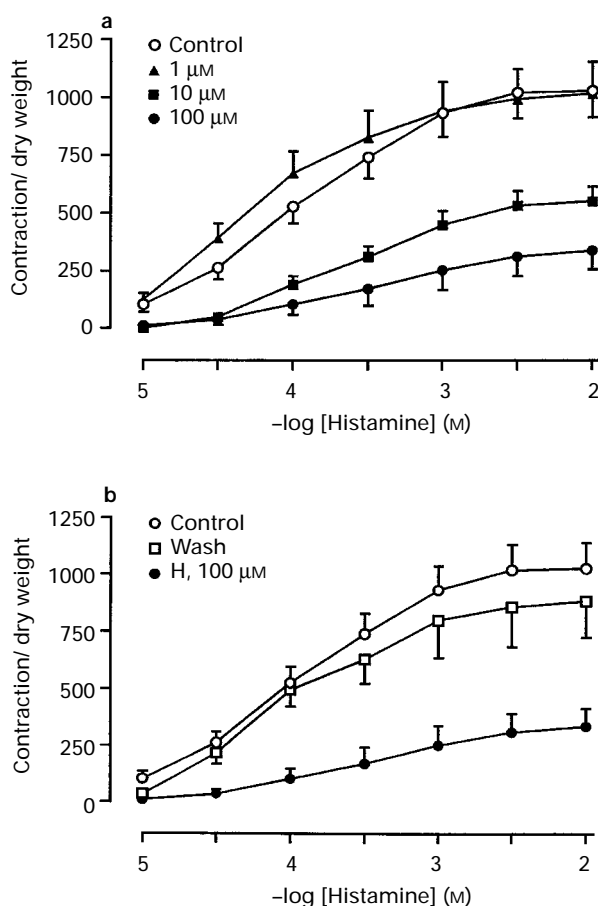
All data are expressed as mean ± s.e.mean. Tissue preparations of at least three different animals were used for each type of contraction experiment. EC<sub>50</sub> values were determined in individual experiments and used to calculate mean values. Statistical analysis was carried out by unpaired *t* tests or analysis of variance as appropriate, probability values of *P* < 0.05 were considered significant.

## Results

Histamine (10 µM–10 mM) induced a concentration-dependent contraction of BTSM with an EC<sub>50</sub> value of 81.7 ± 1.1 µM. Pretreatment with histamine (1–100 µM, 1 h) induced a concentration-dependent desensitization of the contractile response to subsequently administered histamine, with a reduction of the maximum response of 72 ± 8% (*n* = 5) following pre-exposure to 100 µM histamine (Figure 1a). A recovery of the contractile response after desensitization with 100 µM histamine was observed following a 1 h washing period (Figure 1b). On the other hand, concentration-response curves (CRC) to methacholine, a muscarinic agonist, were not affected following histamine pretreatment (results not shown), indicating a homologous desensitization.

Co-incubation of the tissue with mepyramine (1 µM, an H<sub>1</sub>R antagonist) blocked the histamine-induced desensitization, suggesting that the desensitization process occurred via H<sub>1</sub>Rs (Figure 2). However, it has also been shown that an elevation of tissue cyclicAMP levels can inhibit inositol phosphate responses to histamine in bovine tracheal smooth muscle slices (Hall *et al.*, 1989). Since histamine H<sub>2</sub>-receptors are positively coupled to adenylate cyclase, experiments were also performed with cimetidine, a selective histamine H<sub>2</sub>-receptor antagonist. However, desensitization following histamine pretreatment (100 µM, 1 h) could not be blocked by cimetidine (Figure 2), suggesting no role for histamine H<sub>2</sub>-receptor-induced adenosine 3':5'-cyclic monophosphate (cyclicAMP) in the desensitization process.

To investigate whether the desensitization was mediated by prostaglandins, which has been shown in primate tracheal

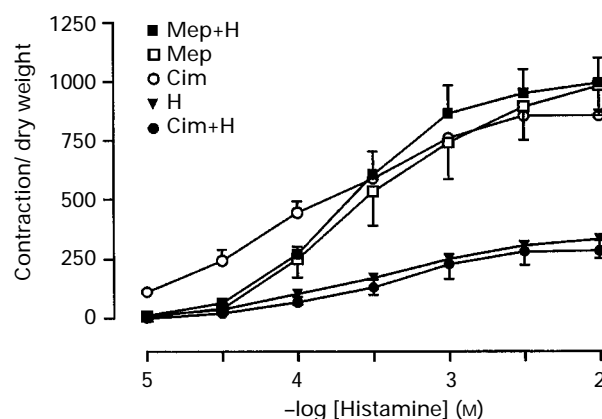


**Figure 1** (a) Histamine-induced concentration-response curves in bovine tracheal smooth muscle (BTSM) after 1 h pretreatment with histamine 100  $\mu\text{M}$  ( $P < 0.001$  versus control), 10  $\mu\text{M}$  ( $P < 0.01$  versus control) and 1  $\mu\text{M}$  ( $P = \text{not significant}$ ). Data shown are the mean and vertical lines s.e.mean of  $\geq 4$  different experiments. Values are expressed as ratio of mg contraction to mg dry weight (24 h, 60°C). (b) Histamine-induced concentration-response curves in bovine tracheal smooth muscle (BTSM) after 1 h pretreatment with 100  $\mu\text{M}$  histamine (H). A 1 h washing period, following desensitization with 100  $\mu\text{M}$  histamine for 1 h (wash-out), resulted in a recovery of histamine-induced contractions of bovine tracheal smooth muscle strips. Data shown are the mean and vertical lines s.e. mean of 3 different experiments. Values are expressed as ratio of mg contraction to mg dry weight (24 h, 60°C).

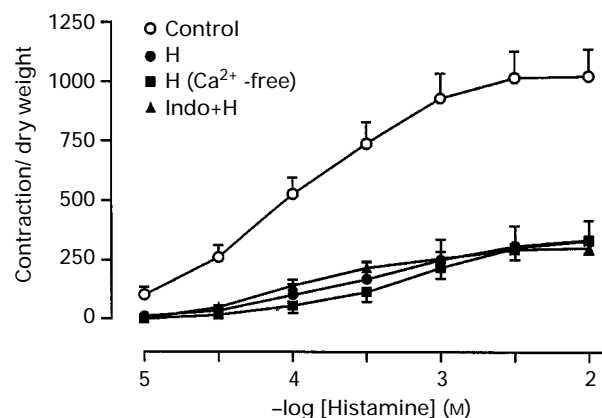
smooth muscle (Krzanowski *et al.*, 1980), experiments were performed with indomethacin (10  $\mu\text{M}$ ), an inhibitor of prostaglandin synthesis. As demonstrated in Figure 3, desensitization following histamine (100  $\mu\text{M}$ , 1 h) pre-exposure still occurred in the presence of indomethacin, indicating no involvement of prostaglandins in the observed desensitization process. Histamine pretreatment of BTSM in calcium-free medium did not prevent the desensitization of the H<sub>1</sub>R, suggesting no role for extracellular calcium in the regulation of the H<sub>1</sub>R desensitization (Figure 3).

To investigate the possible site of the H<sub>1</sub>R desensitization (at the level of the receptor or at a site distal in the signalling pathway), CRC to NaF, a G-protein activator, were performed. NaF induced a concentration-dependent contraction of BTSM with an  $\text{EC}_{50}$  of  $15.9 \pm 1.2 \text{ mM}$ . Pre-exposure to histamine (100  $\mu\text{M}$ , 1 h) had no effect on the NaF-induced contraction of BTSM, suggesting a histamine-induced desensitization at the level of the H<sub>1</sub>R or at the interaction with its G-protein (Figure 4).

Pre-incubation with GF 109203X (1  $\mu\text{M}$ , 1 h) failed to antagonize the histamine-induced desensitization (Figure 5),



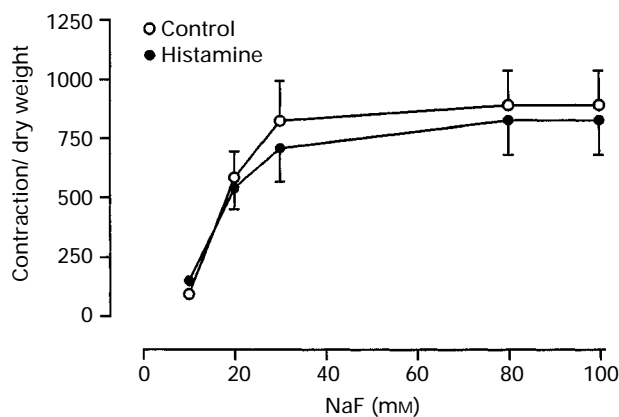
**Figure 2** Desensitization of the H<sub>1</sub>R following a 1 h pre-exposure to histamine (H, 100  $\mu\text{M}$ ) in the presence of mepyramine (mep+H, 1  $\mu\text{M}$  added 10 min, before histamine) or cimetidine (cim+H, 10  $\mu\text{M}$  added 10 min before histamine). Mepyramine (mep) and cimetidine (cim) on their own, had no significant effect on the histamine-induced concentration-response curve (CRC). Data shown are the mean and vertical lines s.e.mean of  $\geq 4$  different experiments. Values are expressed as ratio of mg contraction to mg dry weight (24 h, 60°C).



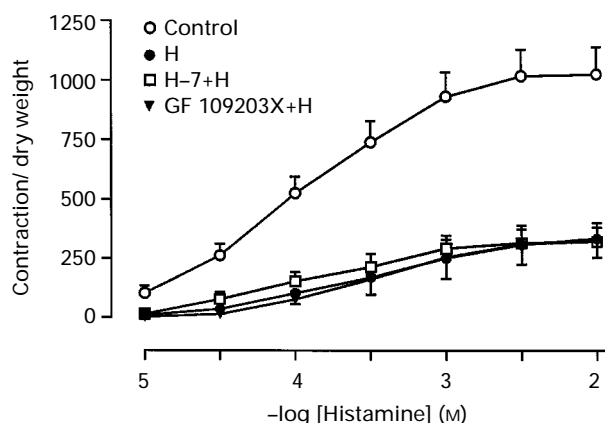
**Figure 3** Histamine-induced concentration-response curves (CRC) following pretreatment with histamine (H,  $\text{Ca}^{2+}$ -free, 100  $\mu\text{M}$  for 1 h) in  $\text{Ca}^{2+}$ -free KHS or in the presence of indomethacin (indo+H, 10  $\mu\text{M}$  added 1 h before histamine) versus histamine-induced CRC in control and histamine (H)-pretreated tissue. Incubation in  $\text{Ca}^{2+}$ -free KHS or in the presence of indomethacin had no effect on the histamine-induced concentration-response curve in control tissue. Data shown are the mean and vertical lines s.e.mean of  $\geq 4$  different experiments. Values are expressed as ratio of mg contraction to mg dry weight (24 h, 60°C).

suggesting no role for PKC in the histamine-induced desensitization of the H<sub>1</sub>R. Moreover, the non-selective protein kinase inhibitor H-7 (50  $\mu\text{M}$ ) was also without significant effect on the desensitization of the histamine-induced contractile response (Figure 5). Neither GF 109203X nor H-7, on its own, had any effect on the concentration-response curve to histamine (results not shown).

Furthermore, we investigated the possibility that prolonged histamine exposure could affect H<sub>1</sub>R gene expression in BTSM. We measured the steady-state level of H<sub>1</sub>R mRNA by Northern blot analysis, following a 0.5, 1, 2, 4, 16, 24 h histamine (100  $\mu\text{M}$ ) pretreatment. Northern blot analysis on mRNA extracted from BTSM revealed a band of 3.0 kb in size, corresponding to an H<sub>1</sub>R mRNA, in agreement with findings of Yamashita *et al.* (1991) (Figure 6). Figure 6 also demonstrates the lack of effect of histamine (100  $\mu\text{M}$ ), in the presence of a selective histamine N-methyltransferase inhibitor



**Figure 4** Concentration-response curves to NaF in BTSM following 1 h pretreatment with histamine 100  $\mu$ M or vehicle. Data shown are the mean and vertical lines s.e.mean of 4 different experiments. Values are expressed as ratio of mg contraction to mg dry weight (24 h, 60°C).



**Figure 5** The effect of GF 109203X (1  $\mu$ M) and H-7 (50  $\mu$ M), upon the H<sub>1</sub>R desensitization induced by a 1 h exposure to 100  $\mu$ M histamine. GF 109203X and H-7 were added 1 h before histamine. The effect of GF 109203X + histamine (GF 109203X+H) and H-7 + histamine (H-7+H) were compared with histamine (H) alone. Vehicle-treated tissues served as controls. GF 109203X and H-7 on its own had no effect on the histamine-induced concentration-response curve (data not shown). Data shown are the mean and vertical lines s.e.mean of 4 different experiments. \* $P < 0.05$ . Values are expressed as ratio of mg contraction to mg dry weight (24 h, 60°C).

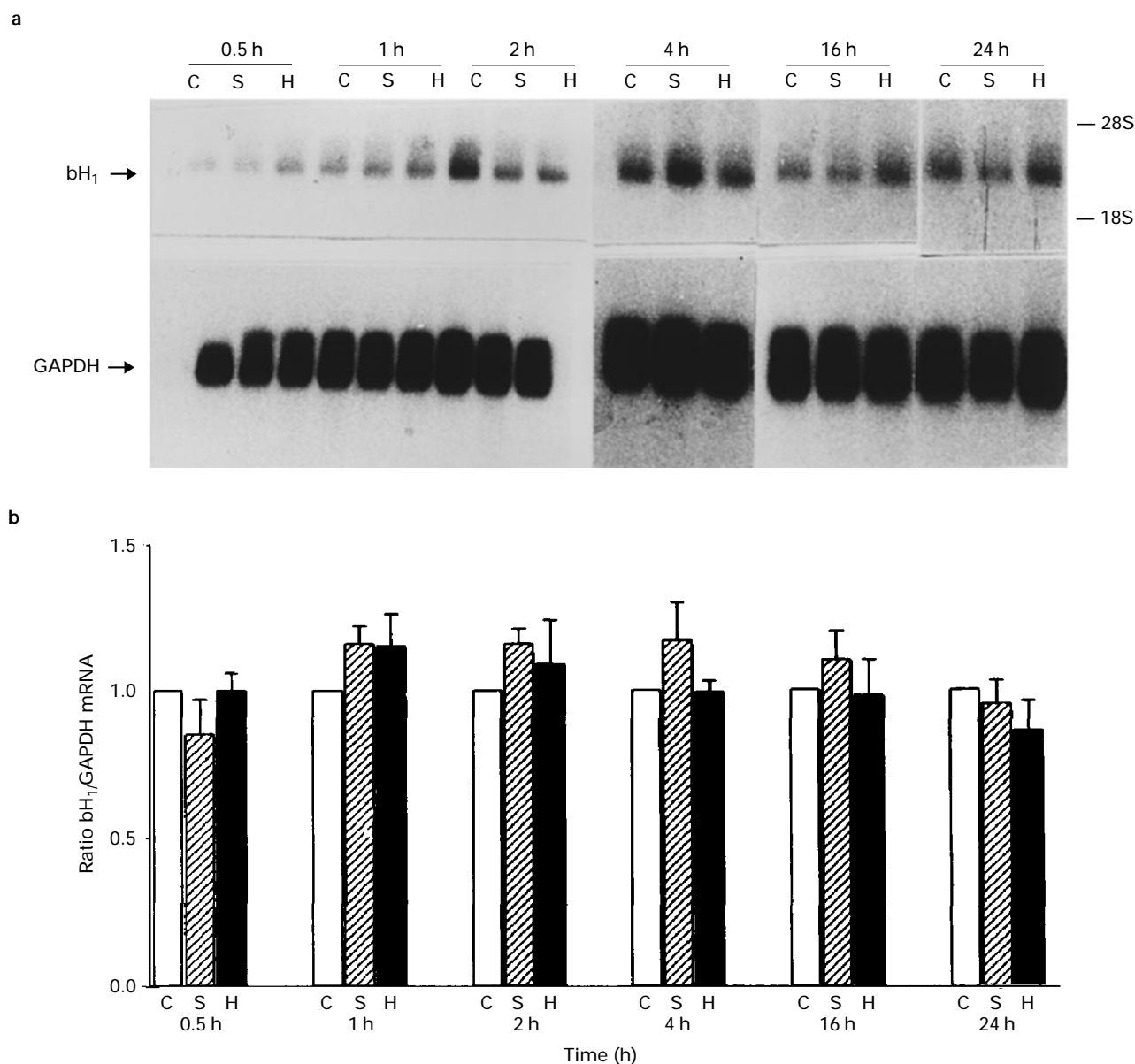
SKF-91488 (100  $\mu$ M), on the H<sub>1</sub>R mRNA steady-state level over the time-course investigated.

## Discussion

In the present study we have shown that histamine treatment of bovine tracheal smooth muscle induces functional desensitization of the H<sub>1</sub>R, without changes in H<sub>1</sub>R mRNA steady-state levels. In recent years, H<sub>1</sub>R regulation has been described in several cell lines. However, the exact mechanism underlying H<sub>1</sub>R desensitization still remains to be elucidated (Smit *et al.*, 1992; 1996; Dickenson & Hill, 1993; McCreath *et al.*, 1994; Zamani *et al.*, 1995). Histamine pretreatment of BTSM induced a concentration-dependent loss of subsequent histamine-induced contractile responses, which completely recovered following a 1 h wash-out period. In contrast, contractions to methacholine or NaF, which directly stimulates G-protein (Hardy *et al.*, 1996), were unaltered

following histamine pre-exposure, indicating a homologous desensitization of the H<sub>1</sub>R, which is mediated at the level of the receptor or at the coupling with its Gq-protein. The desensitization was blocked by mepyramine, an H<sub>1</sub>R antagonist, indicating that the desensitization occurred via stimulation of H<sub>1</sub>-receptors.

There is evidence to suggest that desensitization of G-protein coupled receptors often involves phosphorylation by protein kinases (Premont *et al.*, 1995). Recent cloning of H<sub>1</sub>Rs has revealed several phosphorylation sites in the primary sequence of the receptor protein (Yamashita *et al.*, 1991). Besides potential protein kinase C phosphorylation sites and a protein kinase A phosphorylation site, many threonine and serine residues, that could be phosphorylated by other kinases, are found in the amino acid sequence of the H<sub>1</sub>R (Yamashita *et al.*, 1991; Traiffort *et al.*, 1994). All these sites can represent possible targets for regulatory actions at the level of the receptor protein. Indeed, in BTSM (Pype *et al.*, 1995a) and in several cell lines (Smit *et al.*, 1992; 1996; Dickenson & Hill, 1993; McCreath *et al.*, 1994; Zamani *et al.*, 1995), activation of PKC, by phorbol ester, has already been demonstrated to be involved in H<sub>1</sub>R desensitization. On the other hand, there is increasing evidence from recent studies that homologous H<sub>1</sub>R desensitization is mediated by a PKC-independent mechanism (Zamani *et al.*, 1995; Smit *et al.*, 1996), which was also shown in this study, in which GF 109203X, a selective PKC inhibitor, did not antagonize the histamine-induced desensitization in BTSM. To investigate further the mechanisms underlying the desensitization process, we have examined whether activation of cyclicAMP-dependent protein kinase A, following increases in cyclicAMP levels, via histamine H<sub>2</sub>-receptor stimulation and/or via histamine-induced prostaglandin release, is involved. Inhibitors of prostaglandin synthesis have been shown to prevent the development of histamine tachyphylaxis in primate tracheal smooth muscle, moreover, exogenous administration of prostaglandin E<sub>2</sub> reduced the histamine-induced response (Krzanowski *et al.*, 1980). Furthermore, increases in cyclicAMP levels in BTSM slices and in C6 glioma cells, have been shown to inhibit histamine-stimulated inositol phospholipid hydrolysis, presumably via a protein kinase A-mediated mechanism (Hall *et al.*, 1989; Peakman & Hill, 1994). Stimulation of histamine H<sub>2</sub>-receptors, which are positively coupled to adenylyl cyclase (Leurs *et al.*, 1995), can lead to increases in cyclicAMP levels. However, it seems unlikely that increases in cyclicAMP levels are involved in the H<sub>1</sub>R desensitization, since histamine did not increase cyclicAMP above basal levels in BTSM (unpublished information). Furthermore, histamine only potentiated forskolin-induced cyclicAMP accumulation, which was partially mediated by histamine H<sub>2</sub>-receptors (Pype *et al.*, 1995b). In our study, neither indomethacin (a prostaglandin synthesis inhibitor) nor cimetidine (a histamine H<sub>2</sub>-receptor antagonist) had any effect on the desensitization induced by histamine, indicating no involvement of prostaglandins and histamine H<sub>2</sub>-receptors. Moreover, in the presence of H-7, a non-selective kinase (PKA, PKC and PKG) inhibitor, no attenuation of the desensitization was observed, ruling out a role for PKA and PKG. Recently, Zamani and Bristow (1996) suggested that the H<sub>1</sub>R in GT1-7 neuronal cells is regulated by calcium influx and calcium/calmodulin protein kinase II (CaMKII), since incubation in calcium-free medium or pretreatment with KN-62, a CaMKII inhibitor, could prevent the homologous H<sub>1</sub>R desensitization. However, calcium influx did not seem to play any role in the



**Figure 6** Northern blot analysis was performed with labelled cDNA probes for H<sub>1</sub>R and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) with poly (A<sup>+</sup>) RNA. (a) Representative Northern blot following SKF 91488 (100  $\mu$ M) and SKF 91488 + histamine (100  $\mu$ M) pretreatment for the times indicated (C=control, S=SKF 91488 and H=SKF 91488 + histamine). (b) H<sub>1</sub>R mRNA levels relative to GAPDH in the presence of SKF 91488 and SKF 91488 + histamine after 0.5, 1, 2, 4, 16 and 24 h preincubation after assessment by laser densitometry. Data shown are the mean of 3 different experiments.

homologous desensitization cascade in our study, since incubation in calcium free medium (+1 mM EGTA) did not appear to prevent the H<sub>1</sub>R desensitization. Moreover, in the study of McCreath *et al.* (1994), a CaMKII inhibitor KN-62, had no effect on the histamine-induced desensitization in HUVEC cells, indicating that there might be differences in the mechanisms underlying homologous H<sub>1</sub>R desensitization between different cell lines and cell systems. Homologous desensitization seems to involve a family of serine/threonine protein kinases (G protein-coupled receptor kinases, GRK), which exhibit a marked preference for activated (agonist-bound) receptors over inactive or antagonist-bound receptors. Until now, six distinct mammalian GRKs are known and they are grouped in three subfamilies, based on sequence and functional similarities. However, although a larger number of G protein-coupled receptors appear to be regulated by GRKs, so far only rhodospin

kinase (GRK1) and  $\beta$ ARK (GRK2) have extensively been studied (Premont *et al.*, 1995). Our results support the suggestion that a receptor-specific kinase is involved in the homologous H<sub>1</sub>R desensitization (Dickenson & Hill, 1993; McCreath *et al.*, 1994). The development of specific inhibitors of GRKs, therefore, could give more insight into the mechanisms underlying histamine-induced H<sub>1</sub>R desensitization (Chuang *et al.*, 1996).

Finally, we have determined the H<sub>1</sub>R mRNA steady-state level in BTSM, following histamine pre-exposure. Until now, few studies have focused on the regulation of the H<sub>1</sub>R mRNA. In a study of Choi *et al.* (1995), dexamethasone has been demonstrated to increase H<sub>1</sub>R mRNA level in bovine adrenaline and noradrenaline chromaffin cells. H<sub>1</sub>R mRNA has also been shown to be up-regulated by platelet-derived growth factor in human cultured aortic intimal smooth muscle cells (Takagishi *et al.*, 1995). Recently, it has been found that

the expression of H<sub>1</sub>R mRNA is increased in nasal scrapings from patients with allergic rhinitis by use of reverse transcription-polymerase chain reaction (Iriyoshi *et al.*, 1996). However, these results should be interpreted with caution, since Simons and Grimm (1996) had some criticism of the methodology used in this study.

Recently, we have demonstrated that phorbol ester pretreatment results in a transcriptional down-regulation of the H<sub>1</sub>R gene expression in BTSM, which involves a PKC-dependent mechanism (Pype *et al.*, 1995a). In the present study, we looked at the effect of long-term histamine pretreatment on the H<sub>1</sub>R mRNA. However, to prevent enzymatic breakdown of histamine during the incubation period, we co-incubated the tissues with SKF 91488, a selective histamine-N-methyltransferase inhibitor, despite the fact that histamine, at a concentration of 100  $\mu$ M and higher, inhibits the enzymes responsible for histamine metabolism (Beaven & Shaff, 1979). In contrast to PDBu pretreatment, prolonged histamine exposure was unable to affect the steady-state level of H<sub>1</sub>R mRNA in BTSM, demonstrating differences in cellular events following PKC activation by PDBu and by histamine, with regard to the regulation of H<sub>1</sub>R gene expression.

The discrepancy between PKC activation by phorbol esters and by histamine on the H<sub>1</sub>R desensitization and on the H<sub>1</sub>R mRNA down-regulation might reflect the presence of multiple PKC isoenzymes within the same tissue and the fact that individual isoenzymes can play a role in distinct cellular functions (Puceat *et al.*, 1994). To date, more than 10 distinct isoenzymes have been identified (Nishizuka, 1992) and these

are differentially responsive to the phorbol ester phorbol 12-myristate 13-acetate and to other activating stimuli, which suggests that they play distinct and specific roles (Puceat *et al.*, 1994).

In various cell systems, PKC activation by PDBu has been found to attenuate H<sub>1</sub>R-mediated responses (Leurs *et al.*, 1995) and PDBu has also been shown to induce transcriptional down-regulation of the H<sub>1</sub>R gene, involving a PKC-dependent mechanism (Pype *et al.*, 1995a). In contrast, since histamine-induced H<sub>1</sub>R desensitization seemed to involve a PKC-independent mechanism and since histamine did not have any effect on the H<sub>1</sub>R mRNA, one could speculate that PDBu and histamine activate distinct PKC isoforms and that individual isoforms may be involved in specific responses. However, further experiments with selective PKC isoform inhibitors or activators are needed to investigate the role of distinct PKC isoforms on the regulation of H<sub>1</sub>R gene expression and function.

In conclusion, we have shown that histamine pretreatment of BTSM induces functional desensitization of H<sub>1</sub>Rs which involved a mechanism independent of PKC, PKA, PKG and calcium influx. We also demonstrated that prolonged histamine pretreatment did not affect H<sub>1</sub>R mRNA steady state levels.

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